ST. MARK LUTHERAN CHURCH WEEKLY DEVOTIONAL AND REMINDERS / UPDATES August 6, 2025

From DAILY GUIDEPOSTS 2018: Logan Eliasen

Be still, and know that I am God... – PSALM 46:10

I slid into the driver's seat and checked the clock – five minutes behind schedule. I might still make it to class on time if I didn't hit any red lights. I pulled out onto the road; it was packed solid.

As I joined the ranks of unmoving vehicles, I could feel my heart thumping. I glanced at my mirror, and my reflection stared back with shadowed eyes. I looked like I hadn't slept in days, which was accurate.

Law school was difficult. My days were crammed with intricate assignments and dense casebooks. At night, I couldn't shut off my mind. My brain kept trying to connect statutes and cases while I tossed back and forth.

I looked out at the line of brake lights and drummed my fingers on the steering wheel. What a waste of time! I could be skimming my notes or working on tomorrow's readings. Instead, I was forced to sit here, forced to be still.

I ran a thumb over my stubbly cheek. When had I last taken the time to be still? When had I last rested in God's strength?

I studied my breathing and cleared my mind of all the work I had to do. It could wait. In the busyness, I had forgotten that though I am just Logan, God is God. These burdens were too heavy for me, but not for Him. Remembering that lifted some of the pressure off my chest.

The van in front of me began to move forward, and I eased off the brake. I knew I was driving toward a full day, but that moment of stillness anchored me in the One Who would get me through it.

Lord, show me Your peace when I am restless. - LOGAN ELIASEN

Prayer: Let us pray: Merciful Lord, I thank You for holding me in Your hands. When I find that I'm distracted by the tiring busyness of life, send Your Spirit to bear me up in Your hands and guide me in my spiritual journey of faith. Let me take in that Spirit of renewal and joy so that I may breath it out upon others in my words and deeds of each day. Seeking that peace of Your comfort, I pray in the name of Jesus Christ, my Lord and Savior. Amen.

Weekly Schedule:

Office Hours: Mon-Fri 9:00am to 12:00noon

Preschool: On Summer Break

Thursday, August 7 9:00am to 12noon – Quilting Group

3:00pm – Evangelism Committee Meeting

Friday, August 8 11:00am – Bible Study

Saturday, August 9 5:30pm – Spoken Worship – 9th Weekend after Pentecost 9:00am – Traditional Worship – 9th Weekend after Pentecost

Tuesday, August 12 9:30am – Property Committee Meeting

10:00am - Coloring Book Group

5:00pm to 8:00pm – Preschool Meet-the-Teacher and Fundraiser at Big Dippers

Thursday, August 14 9:00am to 12noon – Quilting Group

Friday, August 15 11:00am – Bible Study

Sunday Worship Leaders

CPIC: Gail Merlo Lector: Karen Feeser
Communion Assistants: Gail Merlo | Need Volunteer
Altar Care: Sunday Morning Volunteers

Prayer List: We ask that you keep all our shut-ins and those needing special help in your daily prayers. We will keep the shut-ins on the list indefinitely and those needing extra prayers will be removed after one month unless we're told otherwise. To add a name to the prayer list please write it on the list on the narthex brass stand or call the office. This week keep in your prayers: *Dora, Grayson, Daniel Ard, Katherine Borsella, Nancy Brady, Patrick Brady, Susan Bucher-Laughman, Lucas Cherry, Frances*

Claybaugh, Oscar Crow, Pastor David DeLong, Lisa Dickensheets, Diane Duffy, Robin Eline, Tarek Elnaggar, Jean Eshbach, Landon Evans, Dennis Fahey, Nancy Fridinger, Nancy Gill, Vickie Gouker, Dane Graham, Tom Greenholt, Bob Groft, John Hagerman, Sandy Hart, Chase Henry & Family, Carrie Hernden, Peg Hippensteel, Michael Humes, Martha Howells, Donna Jones, Kathy Jones, Pat Keefer, Debbie Kellenbenz, Craig King, Shawn Klunk, Kelly Koontz, Norma Kreidler, Winchester Kuhn, Allen Kuhns, Jo Kuhns, David Kunkel, Russell Laughman, Jean Lawrence, Tom Lawrence, Tim Leppo, Ronnie Lippy, Naura Luqman, Carol McDermitt-Humes, Merita Moore, Emily Moul, Leah Moul, Merle Mummert, Pam Mummert, Wayne Noel, Carolyn Neumyer, Marian Noble, Susan O'Brien, Kelly Perdue, Bill Reese, Melinda Repass, Mary Riley, Carl Sandruck, David Sandruck, Lucus Schneider, Bob and Cecelia Sell, Bob Shue, Luanne Slusser, Denise Smith, Pr. Jerry Smith, JoAnn Smith, Sarah Smith, Jody Spellman, Amanda Stuckey, Phyllis Tasto, Jennie Tome, George Tracy, Allison Trump, Erin Viozzi, Ed Wagaman, Gloria Wagaman, Jody Walter, Naomi Warren, Barb Watson, Ron Wentz, Bill Whelan, Kathy Wildasin, Rebecca Wisotzkey, Texas Flooding Victims

<u>St. Mark's Monthly Offering for Designated Needs</u> gives us an opportunity as a congregation to support specific domestic and international needs. During August, we are given the opportunity to contribute to **Hanover Area Council of Churches – Ruth's Harvest**, the program which makes sure the elementary school kids that rely on daily meals at school also have some meals for the weekends. To contribute to this month's designated need, please mail in your donations or place them in our collection plates, specifying "Ruth's Harvest" or "August Designated Giving" on your check or the *Other* line of your offering envelope. Donations made on the *Other* line that have no written designation will automatically be given to that month's ministry fund. Thanks for your support.

<u>VBS Offering</u>: The Vacation Bible School children collected \$220.75! Since our theme was Growing in God's Garden, we'll put that offering towards the ELCA – God's Global Barnyard ministry. This offering will purchase two sapling fruit trees, one fruit tree orchard, and one set of seeds and gardening tools for a farm family in a developing nation to help them grow and maintain a sustainable livelihood. Thanks to all who contributed!

<u>Vacation Bible School</u>: And speaking of VBS, we had a lot of fun learning about the Bible. We enjoyed crafts, music, and stories, capped off by refreshing shaved ice treats at our closing. We give thanks to the St. Markians who lent a hand: Karen Feeser, Stacy DeLong, Pr. David DeLong, Linda Bolin, Hollis Long, Linda Kuhn, Pam Mummert, Abby Shermeyer, Kate Klunk, Wally Rodenhaber, Joni Gonzales, Danielle Miskimon, and Pr. Kirk Griffin. We also give thanks to members of St. Paul who joined us in hosting this event.

<u>Blood Drive</u>: The next UPMC blood drive will be here at St. Mark from 7:00am to 7:00pm on Thursday, **August 21st**. To donate, go to <u>717giveblood.org</u>, click Find a Blood Drive, and choose UPMC Hanover from the dropdown menu. <u>Ruth's Harvest</u>: As mentioned above, this HACC program provides children with packages of food to get them through the weekends when they might not otherwise be regularly fed. Individual shelf-stable microwave meals, fruit, veggies, snacks, and tuna/chicken pouches can be placed in the floor bin next to the office.

<u>Save the Date</u>: We give thanks to Amy and Abby Shermeyer who have come forward to help coordinate the 2026 Heroes Event here at St. Mark on **May 17**th of next year. Mark your calendars now so you don't miss this wonderful experience of festivities offering thanks, music, and good eats. Look for opportunities to volunteer and help support the event as we begin planning for next year.

<u>Altar Vases</u>: Thank you to everyone who is sponsoring vases to ensure we have fresh flowers every week. Most of August's vases have been filled – we just have one left on **August 31**st. We also have three vases available for September. If you'd like to dedicate a vase in September, be sure to fill out the book by **August 27**th so we can include your dedication in September's newsletter. Thank you!

<u>New Bishop</u>: The ELCA elected Reverend Yehiel Curry as our new presiding bishop on July 30th at the churchwide assembly meeting in Phoenix. Bishop Curry from the Metropolitan Chicago Synod succeeds Reverend Eaton and will serve a six-year term. Our own Lower Susquehanna Synod also has a new bishop, Bishop Stephen Herr from Gettysburg, elected in June.

<u>Next St. Mark Eats</u>: We enjoyed food and fellowship last night at C&D Bar and Grill and invite you to join us Tuesday, **September 2**nd, for dinner at 6:00pm at the Gateway Diner in Gettysburg. Please join us for a fun time!

Glory & Inspirations: August's inspiration packets are now available in the narthex. Be sure to pick up one for yourself and one or more to share. If you'd like a copy of the month's inspirations emailed to you at the beginning of each month, please let Joni know at offcoor129@gmail.com. Additionally, if you have had a Glory moment in your life, share that also on the colored pew card and place it in the offering plate. Posting these Acts of Glory will inspire others to witness God.

God's Work Our Hands: We're once again filling backpacks with school supplies for those in need. We'll be packing the bags in September but are advertising the drive now since school supplies are on sale. The specific supplies needed are: spiral notebooks (70-sheet, wide- or college-ruled), rulers (12-inch with centimeter measurements included), erasers (2-1/2 inch), safety scissors, pencils (unsharpened #2 with erasers), crayons (box of 24), pens (black or blue ballpoint), and mini pencil sharpeners. If you're able to donate any of the above supplies, please bring them to the narthex or drop them off in the church office. This list is also in the latest newsletter and listed on the collection bins.

Help Us Buy Ingredients: St. Mark's teams provide the ingredients for each monthly meal they serve at HACC. Please consider donating to our "PAL Supplies" fund to help us buy the food we need to continue this. To contribute directly to St. Mark's PAL efforts, please note "PAL <u>SUPPLIES</u>" (specify "supplies" so your donation is directed to the right place) on the *Other* line of your offering envelope. Thank you!

St. Mark Adult Coloring Group: Grab your supplies and join us for our coloring group here in a St. Mark classroom. The group meets monthly, usually on the second Tuesday, from 10:00am to 11:30am. The next meeting is **August 12th**. Please spread the word! Fliers are on the office hallway table.

<u>St. Mark Representative Needed</u>: The next HACC board is meeting Monday, **August 24**th, at 7:00pm. St. Mark needs a delegate to represent us at the Board meeting. They generally meet once per quarter, usually a Monday night from 7:00pm to 8:30pm. Our former representative is no longer able to attend. If you're a member and able to take on this duty, please contact Pastor Kirk or the church office. Thank you for your help!

<u>Texas Flooding</u>: Lutheran Disaster Response is coordinating with Southwestern Texas Synod to provide for urgent needs, emotional and spiritual care, and cleanup/long-term recovery for victims of the recent flash flooding in Texas. If you would like to contribute to this effort, please mark your offering "LDR – Texas Flooding" on the *Other* line of your envelope.

<u>Rent-a-Kid</u>: The York County Area Agency on aging once again offers a way to connect older adults with young people to help with yardwork, light household chores, etc. at affordable rates. Please contact YCAAA at 717-771-9103 or email <u>Aging@YorkCountyPA.gov</u>.

<u>Book Sale + More!</u> Guthrie Memorial Library is holding a book sale this Friday, **August 8**th, from 10:00am to 4:00pm, and Saturday, **August 9**th, from 10:00am to 1:00pm with most hardbacks for \$2, paperbacks for \$1, and children's books 2 for \$1 (unless marked otherwise). There will also be vendors with crafts and yard sale items. For more information, call 717-632-5183.

<u>Free Concert</u>: Tonight, August 6th, the Jazzberries will perform the *ABCs of Jazz* at the Warehime-Myers mansion. The rest of the schedule can be found at <u>hanoverpahistory.org</u>.

<u>Free Weekly Outdoor Story Time</u>: The Guthrie Memorial Library offers free story time with Miss Kelly in Penn Township Community Park (Kids' Kingdom) this summer on Tuesdays from 10:00am to 10:45am. The program runs through next week and includes crafts, activities, and games. The park is located at 4601 Grandview Road in Hanover. Call the library at 717-632-5183 for more information.

Getting Ready for Back-to-School: On Tuesday, August 19th, from 5:30pm to 7:30pm at Utz Factory Outlet on Carlisle Street, backpacks will be distributed to kids from K-6 who need school supplies. There will also be a certified technician on hand to check child safety seat installation

<u>Hanover Against Hunger</u>: St. Matthew is hosting another food packing event on **November 1**st. They've asked for someone at St. Mark to set up a table before/after our worship to share details. If you're interested in taking this on for St. Matthew, call our church office at 717-637-8904 for contact info.

<u>Hymn Sing and Ice Cream Social</u>: St. Matthew's on West Chestnut is holding a hymn sing with free ice cream on Sunday, **August 10th**, at 4:00pm. Call 717-637-7101 for more information.

<u>Summer Bash</u>: Sunday, August 17th, 11:00am to 2:00pm at the North Hanover YMCA. A free, fun-filled day of activities and games for families and children of all ages. Contact the YMCA at 717-632-8211 for more information.