

ST. MARK LUTHERAN CHURCH
WEEKLY DEVOTIONAL AND REMINDERS/UPDATES

March 19, 2025

From *DAILY GUIDEPOSTS 1988: Sue Monk Kidd*

...If thou canst believe, all things are possible... – MARK 9:23

I shuffled through the hospital corridor one afternoon on my way to visit a friend who'd had spinal surgery. She wasn't healing well and there were doubts that she would ever walk on her own again.

I found her room empty and was informed she'd gone to physical therapy. As I waited, I noticed a slip of paper taped to her bedside table. It said

“Three times a day –

1. Yield yourself to the flow of God's power.
2. Picture yourself walking without aid.
3. Counter every negative with a positive.
4. Give thanks.”

When she returned, I asked her about the list. “That's my own prescription for getting well,” she said, smiling. “It takes more than physical therapy, you know. It takes spiritual therapy, too.” In no time she was home, walking without crutches.

Her comment reminds me how indelibly the mind, body, and spirit are intertwined, how deeply they affect one another. Whether I'm trying to get well or simply trying to stay well, I often recall her prescription. It's good medicine anytime.

Father, teach me to keep my spirit healthy with positive thoughts. – SUE MONK KIDD

Prayer: *Let us pray: Almighty Father, You have enriched me by Your Spirit, lifting me up by Your grace. Help me to continue to grow in that spiritual connection with You and Your creation. Guide my footsteps and my thoughts so that I may be well in all ways and walk through faith and goodness with Your Son, Jesus Christ, in whose name I pray. Amen.*

Weekly Schedule:

Office Hours: Mon-Fri 9:00am to 12:00noon

Preschool: Mon-Fri 8:30am to 4:00pm

Wednesday, March 19 11:00am to 1:00pm – Preschool Sub Sale Pickup in Fellowship Hall
7:00pm – Lenten Evening Prayer in Sanctuary

Thursday, March 20 *1st Day of Spring*
9:00am to 12noon – Quilting Group
1:00pm – Preschool Board Meeting

Friday, March 21 11:00am – Bible Study

Saturday, March 22 5:30pm – Spoken Worship – *3rd Weekend in Lent*

Sunday, March 23 9:00am – Traditional Worship – *3rd Weekend in Lent*
Sunday School Following Worship
Council Meeting Following Worship
PAL Team A Serves at HACC
Bells Rehearsal

Tuesday, March 25 *Anunciation of Our Lord*

Wednesday, March 26 7:00pm – Lenten Evening Prayer in Sanctuary

Thursday, March 27 9:00am to 12noon – Quilting Group

Friday, March 28 11:00am – Bible Study

Sunday Worship Leaders

CPIC: Mike Merlo **Lector:** *Need Volunteer*

Communion Assistants: Mike Merlo | Jeff Kindschuh

Greeter: *Need Volunteer* **Altar Care:** Sunday Morning Volunteers



Prayer List: We ask that you keep all our shut-ins and those needing special help in your daily prayers. We will keep the shut-ins on the list indefinitely and those needing extra prayers will be removed after one month unless hearing otherwise. To add a name to the prayer list please write it on the list on the narthex brass stand or call the office. This week keep in your prayers: *Dora, Grayson, Daniel Ard, Katherine Borsella, Patrick Brady, Susan Bucher-Laughman, Frances Claybaugh, Tom Cowan, Oscar Crow, Pastor David DeLong, Lisa Dickensheets, Diane Duffy, Robin Eline, Tarek Elnaggar, Jean Eshbach, Landon Evans, Family & Friends of Carol Fadenrecht, Dennis Fahey, Nancy Fridinger, Nancy Gill, Vickie Gouker, Dane Graham, Tom Greenholt, Bob Groft, John Hagerman, Chase Henry & Family, Carrie Hernden, Peg Hippensteel, Michael Humes, Martha Howells, Donna Jones, Debbie Kellenbenz, Craig King, Shawn Klunk, Kelly Koontz, Norma Kreidler, Allen Kuhns, Jo Kuhns, David Kunkel, Russell Laughman, Jean Lawrence, Tom Lawrence, Bill Leppo, Ronnie Lippy, Naura Luqman, Carol McDermitt-Humes, Carol Miller, Merita Moore, Ed Moran, Emily Moul, Leah Moul, Merle Mummert, Pam Mummert, Wayne Noel, Carolyn Neumyer, Marian Noble, Susan O'Brien, Kelly Perdue, Mary Riley, Wally Rodenhauer, Carl Sandruck, David Sandruck, Lucus Schneider, Jim Schuman, Bob and Cecelia Sell, Bob Shue, Luanne Slusser, Denise Smith, Pr. Jerry Smith, JoAnn Smith, Sarah Smith, Jody Spellman, Amanda Stuckey, Phyllis Tasto, Jennie Tome, George Tracy, Allison Trump, Erin Viozzi, Ed Wagaman, Gloria Wagaman, Jody Walter, Naomi Warren, Barb Watson, Ron Wentz, Bill Whelan, Kathy Wildasin, Rebecca Wisotzkey.*

St. Mark's Monthly Offering for Designated Needs gives us an opportunity as a congregation to support specific domestic and international needs pre-determined by our council each year. March's offering benefits **Olivia's House of Hanover**. Olivia's House is an organization of caregiving professionals and volunteers committed to supporting grieving children and facilitate healing through grief and loss education. To contribute to this month's designated need, please specify "Olivia's House" or "March Designated Giving" on your check or the *Other* line of your offering envelope. Donations made on the *Other* line with no written designation will automatically go toward that month's ministry fund. Thanks for your support.

2025-2026 Preschool Openings: There are still some spots left in the T/TH 3-year-old class. Please go to stmarkpreschoolhanover.weebly.com or stmarkhanover.org/st-mark-preschool for more information.

Diaper Drive: Just a note that our annual Lenten diaper/wipe collection for Tender Care is ongoing. Please bring donations to the narthex table. We appreciate any and all donations!

First Communion Class: It is the Lenten Season, a time of preparation and repentance as we look toward the celebration of Easter. Part of that tradition is using this time to prepare anyone wishing to take part in first communion. If you are interested, please speak to Pastor soon to schedule a meeting.

Grounds Assistance: We give thanks for those who have helped around the church during the time Wally has been out on medical leave. Please continue to help us keep our church grounds clear of debris by picking up larger sticks, trash, and other stray items when you see them and putting them in our dumpster.

Honoring Our Heroes: We hope and pray for another successful event on **May 18th**. Please join us for activities and displays at 5:00pm with a concert at 7:00pm, followed by root beer floats. All St. Mark activities are free of charge, and we hope to have food trucks present to sell food and drinks. Please spread the word to anyone who may want to attend or have a table display. Flyers are available on the office hallway table, so if you know of places to post them, please do so!

IMPORTANT - DO NOT RESPOND TO GIFT CARD EMAILS: Pastor has been informed that scam emails are being received in his name asking for gift cards and/or a "discrete favor." Nobody on staff at St. Mark, including Pastor, will **ever** ask you to provide us with gift cards. **Delete these immediately!**

Lenten Prayer Worship Evenings: We will gather together each Wednesday through Lent for an **Evening Worship of Prayer and Word** at 7:00pm in the sanctuary for all who wish to attend and seek a Lenten time of devotion.

New Coloring Group Here at St. Mark! Coloring books aren't just for kids – if you're an adult who enjoys coloring, either on paper or on your iPad, grab your supplies and join us for our new coloring group each month starting **April 8th** here in a St. Mark classroom. The group will meet monthly, usually on the second Tuesday, from 10:00am to 11:30am. Call the church office or email offcoor129@gmail.com for the schedule or if you need more information. And if you know of anyone else who'd like to come, please let them know!

Host a Fellowship Time: We're always looking for more hosts to keep our 1st Sunday Fellowship Time going. Hosting involves setup and cleanup of church-provided treats. Please sign up to host!

Piggy Banks: We are collecting loose change 'til Easter Sunday. The Sunday School will then use the change to purchase farm equipment, animals, and other basic sustainable programs to help those in need.

Preschool R&K Sub Sale Pickup: Thank you to all who ordered subs and supported the preschool. They raised \$1965! Pickup is today, **March 19th**, from 11:00am to 1:00pm in the fellowship hall.

Ruth's Harvest: This HACC program provides children with packages of food to get them through the weekends when they might not otherwise be regularly fed. Individual shelf-stable microwave meals, fruit, veggies, snacks, and tuna/chicken pouches can be placed in the floor bin next to the office.

St. Mark Easter Egg Hunt: Our Easter Egg Hunt is coming up before we know it. If you're able to help out the Easter Bunny by donating *individually-wrapped candy* and/or *plastic eggs*, he will appreciate it! PLEASE NOTE: The candy does need to fit into plastic Easter eggs. Look for the donation box in the narthex. The hunt will be on **April 19th** at 10:30am. All kids are welcome up to age 10, even if they're not associated with St. Mark. Signups for the hunt are posted in the narthex and preschool hallway, or call the office at 717-637-8904.

St. Mark Eats: We invite you to join us on **April 1st** for lunch at Chili's at 1:00pm. Please sign up!

The Apocrypha: What Is It? We recently began a new Bible Study to discuss the times between the Testaments. These books, usually called "the Apocrypha," are generally a mystery to most. But we will take the time to get an overview. Please join us Fridays at 11:00am, and, if you have a Bible with the Apocrypha included, please bring it along and join in our discovery together.

World Hunger Doves: Thank you to all who are helping decorate our Easter Sunday altar with flowers this year. If you missed your chance to order Easter flowers, you can still dedicate a dove in the Easter handout. Please submit an order form (found on the narthex shelf and [March newsletter](#)) via offering envelope/mail/office door basket, call the office to place an order, or email Joni at offcoor129@gmail.com by **March 30th**.

Slagle Scholarship: The Slagle Scholarship Committee is awarding \$1,000 to a graduating senior of Hanover or SWHS who plans to enter the nursing profession, the ministry or other religious work, or attend a vocational (technical) school. Interested applicants should contact Martha Lippy at 717-637-8891 or pick up an application in the church office on weekdays between 9:00am and 12noon. **Completed applications must be received by the church office on or before noon on Friday, April 4th, 2025.**

Stolte Scholarship: HACC also offers a scholarship for \$1,000 to any Hanoverian pursuing a career in ministry, missions, or humanitarian service. The deadline is **April 25th**. Contact HACC at 717-633-6353 for more information.

Wind Ensemble at EUCC: Emmanuel UCC on Broadway presents the Encore Chamber Winds on Sunday, **April 6th**, at 3:00pm for a free community concert. Contact EUCC at 717-632-8281 for details.

Egg Hunt at Grace: Grace Church on Albright Drive is holding an Easter Egg Hunt on **April 12th** from 11:00am to 12:30pm. Call Grace for more info: 717-637-3100

Falls Risks and Prevention Class: St. Davids UCC on Hobart Road is holding a presentation by physical therapists with information on preventing falls on **March 26th** at 6:30pm. Call St. David's for more info: 717-637-2299

Free Community Breakfast & Egg Hunt: St. Jacob's Lutheran Church in Glen Rock is hosting a free breakfast of eggs, ham, sausage gravy, sausages, pancakes, and casseroles on Saturday, **April 12th**, from 8:00am to 9:30am. A magician will perform during breakfast, and an egg hunt will follow. For more information, call 717-235-7313.

Have You Celebrated Your Golden Anniversary? Rep. Kate Klunk is hosting a Spring Fling at Bay City on **April 10th** from 11:00am to 1:00pm for all couples who've been married 50 years or more. York County District Attorney, Timothy J. Barker, will provide tips on fraud prevention to help protect you from scams. A free buffet lunch will be provided. RSVP by 717-630-8942 by **April 1st**.

St. Paul's Spring Show: St. Paul's on Broadway will have a spring show with beef noodle and chicken corn soup on **April 5th**, 8:00am to 1:00pm. Call 717-637-0511 to place a soup order or for more information on the event.

Help with Rebates: If you need help filling out the forms to apply for Property Tax/Rent Rebates, contact Kate Klunk's office at 717-630-8942 to make an appointment for **March 20th or 27th**.

Meals-On-Wheels Help Needed: If you can drive or be a food runner, contact HACC at 717-633-6353.